

## Editors' chat & notices

Here we are with our second newsletter - in this issue, we are featuring news from Haylands Farm and People First, information about John's Club and notices of events and projects we think might be of interest to you. Members have been informed of the AGM, reminder below. We hope to be included in the Volunteers Fair at the Botanic Gardens in January.

Angela Taylor and Irene Dolby

Send any news, events, photos to us at:

[angtoby10@gmail.com](mailto:angtoby10@gmail.com)

[i.dolby@live.com](mailto:i.dolby@live.com)

**ANNUAL GENERAL MEETING OF IW Mencap** will be held on **Tuesday 12 September 2017**, 7 pm at Haylands Farm, Ryde, all Members welcome. This will include a proposal to establish a CIO (charitable incorporated organisation).

### DONATION

IW Mencap was pleased to **donate £556** in June, to the **Special Olympics (Isle of Wight)** athletes for the very necessary kit required for them to compete in the games.

### Page

2	What's happening? – CLUBS
	News from People First
3	News from Haylands Farm
4	What is John's Club?
5	Workshops: <ul style="list-style-type: none"> <li>➤ How do I want to live?</li> <li>➤ Mate crime</li> </ul> Quarr Abbey project
6	Rally Round network tool
	Royal Mencap: Family Hub

## Contact

[www.isleofwightmencap.org](http://www.isleofwightmencap.org)

(currently being constructed)

Tel 01983 566038

[www.mencap.org.uk](http://www.mencap.org.uk)



[www.haylandsfarm.co.uk](http://www.haylandsfarm.co.uk)

Tel 01983 566038



[www.johnsclubiow.org](http://www.johnsclubiow.org)

[johnivorphillips@live.com](mailto:johnivorphillips@live.com)

Tel 01983 862165 office

Or 01983 865865 shop



# What's Happening? - CLUBS



## **Mondays**

People First at  
Hayland's Farm  
Discussion on various topics, news,  
Campaigning, shared meal

6.30-8.30pm  
£1  
John  
01983 865865  
Bus £2

## **Wednesdays**

IWMencap Club at Hayland's farm & other venues  
quiz night, karaoke, birthday parties, seasonal activities

6.30-8.30pm  
£3  
Nichola  
01983 566038  
£1.50

Also bingo at Ryde Town Club

## **Fridays**

John's Club Disco, pool room + party night\* at  
Riverside Centre  
Newport

6.30-8.30 -9pm\*  
£3  
Rob 01983 862165  
Bus £2

## **Saturdays**

John's Club at  
Hayland's Farm  
Arts & crafts, pool, music, outings, cooking

11am- 4.30pm  
£3  
Ian  
077108 10616  
Bus £2

## **Sundays**

John's Club at  
Hayland's Farm  
Disco, pool, arts, games, socialising

6.30-8.30pm  
£3  
Leanne  
075720 07110  
Bus £2

## **NEWS FROM PEOPLE FIRST**

John Phillips reports that the group has taken part in workshops about money skills, relationships and safety as well as considering and making suggestions about the proposed presentation for living well with a learning disability on the Isle of Wight, from the IW Learning Disability Partnership Board attended by Ann O'Brien. Also the group enjoys a shared meal and social time together with special trips out every 2 months – fish and chips or crazy golf. If you would like to join People First, telephone 862165.

## NEWS FROM HAYLANDS FARM



During next year we will be focusing on work skills, and helping and assisting people into work.

We had some horticultural students come in on 6 June from the college who had been working on creating a sensory garden design to be made at the farm. They all brought their designs in and were judged 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> by the staff. Sophie won the honour of her design being created. This will happen in the new school term.



On Saturday 17 June, Ryde Golf Club had their annual fundraiser. They raised about £2000 for us which is absolutely fabulous! They sold plants and woodwork items for us. Nichola and Lewis went along in the evening to present the awards to the club members.

Jodie's sponsored microlight flight on 24 June was cancelled due to the weather. This will be rearranged, hopefully in August.



We were at the first IW Pride event on 15 July where we raised £75.00. A fun day was had by all who helped out.

Wednesday club members made tie dye sheets for the stall.

On Thursday 27 July, Henry Adams who has been the Mayor of Ryde, will be at the farm presenting us with a cheque for £850.00 he has raised over the last year and the County Press will be at the Farm to take photos.



## What is John's Club?

John's Club, Isle of Wight is supported by Isle of Wight Mencap and is a social and leisure club that offers fun, support, fitness, education, and personal development to Teenagers and Adults with Special Needs, Learning and Physical Disabilities from 15 +. Our aim is to promote independence, develop life skills and provide opportunities for social interaction. We rely heavily on donations and Grants. Our members take part in fundraising activities throughout the year. We are very much led by volunteers and have a board of trustees, which include members with learning disabilities.



Our **Club Nights** are run every **Friday evening** from 6.30pm to 8.30pm (see "What's happening" p.1 for details). We hold themed Party Nights, with buffet and entertainment once a month (6.30-9pm). It is also planned to start a second club for members who would prefer less volume and a different type of music!

We run a weekly **Saturday Youth Club**, between the ages of 15 and 25, and encourage participation in various activities, music, guitar/music sessions, cooking and arts and crafts.



We also run a **social club** on **Sunday evenings** for Adults over 18. We have 4 minibuses & 2 8-seater people carriers to transport members and their carers from all over the Island to enjoy the social interaction that these evenings are designed to promote.

We organize **Annual Holidays and days out**, eg Thorpe Park, Bowling, Butlins and our latest holiday in Majorca, Spain was successful – 16 members enjoyed themselves.

Our **shop**, in the High Street, Shanklin, and an office in Atherley Road, provides work experience.

If you would like to join John's Club call 862165.

We are always looking for volunteers to help run our clubs, help in the shop or office, or drive our minibuses.

We would love to hear from anyone however small the amount of time you could commit to helping us. (see Contacts p.1)

If you would like to contribute with a donation, please contact John Phillips.



**John's Club Shop**  
67a High Street, Shanklin, Isle of Wight PO37 6JJ  
Tel: 865865

## How do I want to live?

The IW Council and Clinical Commissioning Group are holding a housing information workshop to demonstrate the opportunities available on the Island with regard to accommodation for people with a learning disability and autism.

Information will include Shared Lives and Buying your own home, and providers of supported living opportunities will be there.



Date: Monday 11<sup>th</sup> September 2017

Time: 10.30am – 2.30pm

Venue: Westridge, Ryde by Tesco, next door to Waltzing Waters

RSVP Ann O'Brien – [ann.obrien@iow.gov.uk](mailto:ann.obrien@iow.gov.uk)

Or Tel: (01983) 821000

## MATE CRIME WORKSHOPS

What do you think you should do if any of your friends are treating you badly?

Workshops run by the IW Safeguarding Adults Board will be held:

For people with learning disabilities and autism:

Monday 6 November 2017 and

Friday 10 November 2017 at 10am to 1pm

For family members or carers:

Friday 24 November 2017 at 10am to 1pm - all at the Riverside Centre, Newport



To book a free place, contact

Emma Coleman on [emma.coleman@iow.gov.uk](mailto:emma.coleman@iow.gov.uk)

## QUARR ABBEY PROJECT (Southern Housing Group)



This scheme is free to adults on the Isle of Wight with learning difficulties or other barriers to employment. It offers a way to give them new skills and confidence in a social setting. The sessions take place at the Abbey as follows:-

Tuesday - gardening

Wednesday - crafts

Thursday - gardening

For more information contact Rebecca Lavers ([Rebecca.Lavers@shgroup.org.uk](mailto:Rebecca.Lavers@shgroup.org.uk))



## [Rally Round helps families and communities help each other](#)

Rally Round is a free social networking tool available on the Island to enable family, friends and carers to create a secure support network for someone they care about.

Anyone can set up a Rally Round network by inviting people they know and trust to join their network. Members can add tasks that need doing such as shopping, help with transport or organising a social outing to the 'to do list'. Rally Round's 'notifications' feature keeps everyone in the loop with email or text alerts to ensure everyone knows when tasks have been completed. It also has a 'noticeboard' where members can add important information – this could be someone's favourite food or contact details for their local surgery.

Rally Round is here to help you arrange support for someone frail or vulnerable, but can also be used in a variety of other ways, e.g. coordinating volunteers or organising community groups.

To sign up, please visit: [www.rallyroundme.com/iow](http://www.rallyroundme.com/iow) Rally Round has a helpful online chat facility or you contact Citizens Advice Isle of Wight if you have any queries: 01983 823898 / 09.30am-15.30pm / Mondays- Fridays (Excluding bank holidays).

### [From Royal Mencap –](#)

Do you love and care for somebody with a learning disability? Visit Family Hub – our brand new online community – and connect with parents and family carers.

[www.mencap.org.uk/familyhub](http://www.mencap.org.uk/familyhub)